

## 2017 Akela's World Cycle 1 Menu

### Sessions 1, 3, 5, 7

	Friday	Saturday	Sunday
<b>BREAKFAST</b>			
Main	Staff Breakfast	Scrambled eggs, Hormel Applewood smoked, roasted potatoes	Fench toast bake, Sausage Patty, Apple sauce, pancake syrup
Standard	Cereal and Oatmeal		
Beverage	Milk, Juice, Water, Coffee		
Gluten Free		GF Muffin	GF Cinnamon Pancakes
Vegetarian			veg sausage
<b>LUNCH</b>			
Main	Sloppy Joe, bun, Corn Chips, broccoli salad	Hamburgers, Shredded lettuce, Sliced cheese, fries, Whipped Fruit Salad	Chicken Tacos, Spanish rice, Shredded Lettuce, Cheese, Salsa, Flour Tortillas, frijoles, churros
Standard	Salad Bar and Fruit		
Beverage	Water, Juice		
Gluten Free	GF Bun	GF Bun	corn tort/ GF cookie
Vegetarian	Veg Sloppy Joe	Veg Patty	Grilled Pepper and Onions
<b>DINNER</b>			
Main	Roast Turkey breast, grilled corn, mashed red potatoes, turkey gravy, dinner roll	Chicken Penne Alfredo, garlic green beans, pan bread	
Standard	Salad Bar and Fruit		
Dessert	Apple Crisp	Pudding	
Beverage	Water, Juice, & Milk		
Gluten Free		GF Pasta	
Vegetarian	grilled portabella	Penne Alfredo	
GF Dessert	roast cinnamon apples		

## 2017 Akela's World Cycle 2 Menu

### Sessions 2, 4, 6, 8

	Friday	Saturday	Sunday
<b>BREAKFAST</b>			
Main	Staff Breakfast	Baked Bacon and cheddar omlets, smashed browns, warm biscuits	Deep Dish Pancakes, Hormel sausage links, syrup
Standard	Cereal and Oatmeal		
Beverage	Milk, Juice, Water, Coffee		
Gluten Free			GF Cinnamon Pancakes
Vegetarian		No meat omelet	veg sausage
<b>LUNCH</b>			
Main	Grilled chicken breast sandwich, shredded lettuce, tomato, macaroni salad, Tater Tots	Baked Chicken Tenders (3), Fries, Tropical Fruit Salad	Ground Beef Taco, cheese, lettuce, frijoles, Spanish Rice, Churros
Standard	Salad Bar and Fruit		
Beverage	Water, Juice		
Gluten Free	GF Bun	GF Bun	Corn Tortilla/ GF cookie
Vegetarian	Veg patty	Fried tofu tenders	
<b>DINNER</b>			
Main	Beef meatloaf, mashed potatoes, grilled corn, pan gravy	Penne with meat sauce, garlic green beans, bread stick	
Standard	Salad Bar and Fruit		
Dessert	Apple Crisp	Pudding	
Beverage	Water, Juice, & Milk		
Gluten Free		GF Pasta	
Vegetarian	grilled eggplant steak	Marinara Sauce	
GF Dessert	roasted cinnamon apple		