

2012 Akela's World Menu

Periods 0,1,2,5,6,9,10,

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
Akela's World	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	French Toast 2.5	Scrambled Eggs 6 oz	Oatmeal Bar	Pancakes 3	Breakfast Pizza 1.5	French Toast Sticks 5
	Bacon 3	with Cheese	Fresh Fruit Salad 4 oz	Sausage Patties 3	Hash Brown Patties 2	Sausage Links 3
	Syrup / Butter	Breakfast Potatoes 3 oz	Cinnamon Rolls 1	Syrup / Butter	Peaches 3 oz	Syrup
	Diced Pears 3oz	Ham Slice (1.5 oz) 2	Assorted Cereal	Apple Sauce 4oz	Assorted Cereal	Diced Pears 3 oz
	Assorted Cereal	Cantaloupe 3oz	Apple Juice	Assorted Cereal	Apple Juice	Orange Juice
	Apple Juice	Assorted Cereal		Apple Juice		
		Orange Juice				
	Lunch	Lunch	Lunch	Lunch	Lunch	At all meals
	Grilled Cheese 2	French Bread Pizza 1.5	Staff Lunch	Soft Shell Tacos 2	Hamburger 2	Fresh Fruit Bowl
	Tomato Soup 6 oz	Fresh Carrots		Flour Tortilla 2	Cheese 2	Peanut Butter & Jelly
	Tator Tots 3 oz	Dill Dip		Taco Meat 2 oz ea 2 ea	Bacon Rounds 2	Bread for Sandwiches
	Crackers	Diced Peaches 3 oz		Lettuce, Tomato	Mac & Cheese 4 oz	Coffee & Milk
	Pineapple Tidbits 3 oz	Flavored Drink		Shredded Cheese	Ketchup, Mustard	
	Flavored Drink			Sour Cream	Onions, Pickles	Oatmeal Bar Daily
				Spanish Rice 4oz	Pineapple Tidbits 3 oz	Oatmeal
				Diced Peaches 3oz	Flavored Drink	Rasins
				Flavored Drink		Granola
						Brown Sugar
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
Roast Turkey 5oz	Picnic Dinner	Chicken Fritter 1.5	Rigatoni Pasta 4 oz	Picnic Dinner	Baked Chicken 1/4 cut	
Whipped Potatoes 5oz	Pulled Pork Sand 6 oz	Buttered Noodles 4 oz	Spaghetti Sauce 4 oz	Brat / Hot Dog 2	Cheesy Hashbrowns 5oz	
Turkey Gravy 2oz	BBQ Sauce 1 oz	Country Gravy 3 oz	Meatballs 4	Bun 2	Buttered Carrots 3 oz	
Corn 4oz	Hamburger Bun 2	Mixed Vegetables 3 oz	Green Beans 3 oz	Potato Salad 4 oz	Biscuits 1.5	
Dinner Roll 1.5	Macaroni Salad 3 oz	Dirt Pudding Cup 4 oz	Bread Stick 2	Chips 2 oz	Ice Cream Cup	
Apple Crisp 1	Chips 2 oz	Salad Bar	Choc. Cake 1	Watermelon 1.5	Salad Bar	
Salad Bar	Watermelon 1.5	Flavored Drink	Salad Bar	Cookies 1	Flavored Drink	
Flavored Drink	M & M Cookie Bar 1		Flavored Drink	Flavored Drink		
	Flavored Drink					

2012 Akela's World Menu
Periods 3,4,7,8,11,12

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
Akela's World	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Pancakes 3	Breakfast Burrito 2	French Toast Sticks 4	Scrambled Eggs 5 oz	Pancake on Stick 2	Oatmeal Bar
	Bacon 3	Egg/Sausage	Sausage Patties 2	with Cheese	Hashbrown pattie 3	Fresh Fruit Salad 4 oz
	Syrup / Butter	Salsa	Syrup	Potato Cubes 4 oz	Syrup / Butter	Cinnamon Rolls 1
	Apple Sauce 4oz	Tri-Tators 2	Cantaloupe 3 oz	Bacon 3	Apple Sauce 3oz	Assorted Cereal
	Assorted Cereal	Grapes 3oz	Assorted Cereal	Diced Peaches 3oz	Assorted Cereal	Orange Juice
	Apple Juice	Assorted Cereal	Apple Juice	Assorted Cereal	Apple Juice	
		Orange Juice		Orange Juice		
	Lunch	Lunch	Lunch	Lunch	Lunch	At all meals
	Chicken Nuggets 6	Sloppy Joe 1.5	Staff Lunch	Nacho Platter	Chicken Patti w/ Bun 1.5	Fresh Fruit Bowl
	Whipped Potatoes 5oz	Hamburger Bun		Taco Meat 3 oz	Hamb. Bun 1.5	Peanut Butter & Jelly
	Chicken Gravy 2oz	Corn Chips 4oz		Chips 3 oz	Lettuce, Tomato,	Bread for Sandwiches
	Carrots w/Dip	Mac Salad 2 oz		Salsa	Pickles, Onion	Coffee & Milk
	BBQ Sauce	Fruit Whip Salad 3 oz		Cheese	Mayo, Mustard	
	Ranch Dressing	Flavored Drink		Sour Cream	Mac and Cheese 4 oz	Oatmeal Bar Daily
	Fruit Cocktail 3 oz			Lettuce & Tomato	Fruit Cocktail 3 oz	Oatmeal
	Flavored Drink			Fresh Fruit Salad 3 oz	Flavored Drink	Rasins
				Flavored Drink		Granola
						Brown Sugar
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Roast Pork 5 z	Picnic Dinner	Chicken Parmesean 1.5	Rigatoni Pasta 4oz	Picnic Dinner	Beef Tips over 6 oz	
Whipped Potatoes 5oz	Shredded Beef 6 oz	Penne Pasta 4 oz	Spaghetti Sauce 4 oz	Cheese Burger 1.5	Whipped Potatoes 5oz	
Pork Gravy 2oz	Gravy 1 oz	Garlic Bread 2	Meatballs 4	Hamb. Bun 1.5	Gravy 2oz	
Corn 4oz	Hamb. Bun 2	Chatue Blend Veg 3 oz	Garlic Bread Stick 2	Corn Chips 3 oz	Mixed Vegetables 3 oz	
Dinner Roll 1.5	Potato Saled 3 oz	Dirt Pudding 4 oz	Green Beans 3 oz	Relish Onion	Dinner Roll 1.5	
Apple Crisp 1	Chips 2 oz	Salad Bar	Choc. Cake 1	Mustard/Ketchup	Ice Cream Cup 1	
Salad Bar	Watermelon 1.5	Flavored Drink	Salad Bar	Baked Beans 3 oz	Salad Bar	
Flavored Drink	M & M Cookie Bar 1		Flavored Drink	Watermelon 1.5	Flavored Drink	
	Flavored Drink			Cookies		
				Flavored Drink		